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## Prevalence of post stroke depression and post stroke anxiety in young adults: a systematic review and meta-analysis



20 studies on stroke in  
young adults  
18-55 years old  
4,784 patients



Pooled prevalence of  
poststroke depression  
29% (95% CI 22-38%);  
n=16 studies



Pooled prevalence of  
poststroke anxiety  
38% (95% CI 31-46%);  
n=9 studies