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Title	Delivering motivational interviewing early post stroke: standardisation of the intervention
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Implications for Rehabilitation

- Motivational Interviewing (MI) can help reduce depression in stroke survivors when delivered early after stroke.

- The effectiveness of our MI intervention depends on the delivery of high quality MI; in particular, interactions with low levels of MI-inconsistency, and high global MI ratings, ideally delivered over more than one session, each lasting at least 30 minutes.

- Provided high quality MI is being delivered, the intervention can still have a beneficial effect on participant outcome, even with flexibility and variation in therapist characteristics, and duration and number of sessions, which may be inevitable in a clinical context.