### **Supporting Participation:** Learning from Experience

Fedia Barcelona September 2009





### Aims

- Consider how together we can create the conditions that
- support *meaningful* participation and develop a culture of respect
- by reflecting on our and your experience

Meaningful Participation is a rolling process

- where
- Children and young people's voices and choices have a

Positive impact on decisions actions, structures and cultures.



### How we will meet this aim

- Breathing Fire into Participation (2002)
- Examples from three projects working with marginalised children and young people
- The Participation Wheel of supportive conditions

- 1. What is Participation?
- 2. The Example Projects
- 3. What is the Wheel?
  - 1. Conditions where we have less influence
  - 2. Conditions where we have more influence
- 4. Making the wheel roll
- 5. Key messages



# 1. What is Participation?

- A Ladder, a Degree a Pathway (Hart, Treseder, Shier)
- Involvement in and influence on decision making
- In a wide range of locations e.g. home, play, school, youth councils

Think about maximizing Locations Stages (and processes within these) Levels Where we can support participation

# **Participation stages and levels**

#### **Project Stages**

- Initiation
- Direction
- Idea generation
- Activity creation
- Lobbying for goals
- Enacting the goals
- Learning

#### **Influence Levels**

- Not involved
- Involved, understand and engaged

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- Listened to, heard and respected
- Having a say but the leader has the final choice
- Having choice within limits agreed by leader
- Having control, limited only by socially agreed obligations to others



### 2. The Example Projects

1. Children and Young Peoples Audit of Particaption



- 2. Children, Citizenship and Europe: Listening to the voices of marginalised children in Wales and Languedoc Rousillon.
- 3. Your Health Your Rights





### Swansea Children and Young People's Participation Audit

#### Aim

For children and young people recieving support from Social Services to judge for themselves the extent to which they had opportunites to participate and be listened to

#### How

- Meet together and speak out about experiences
- Offer support and training to enable them to carry out peer research and consultation
- Lobby/influence the Social Service department to make improvements

#### Who?



### Swansea Children and Young People's Participation Audit

#### Used Participation Strategy key themes

Information Decision-making Being listened to Support Access to complaints procedures

#### **Peer led consultation**

#### Written report

#### **Impact / Outcomes**

- **Presentation to Managers**
- Presentation to Children's Commissioner
- An action plan
- Written information for young people
- A permanent forum
- **Inclusion in Training Manual**

### Children Citizenship and Europe

#### Aims

For marginalized children to define for themselves what citizenship means and what they want to change

To use these ideas to bring about change

#### Who?

#### 6 groups

Disabled Gypsy Travellers Young Carers Refugees Looked After Minority Ethnic 55 children aged 5 –13

#### How?

#### 4-6 sessions of

Performance/Video - Art -Groups discussions - Site Tours -Reflection

#### Children Citizenship and Europe in Wales

Group	Goal	Action Taken	Impact ?	A Rolling Process?		
GT	"Stop them calling us names" Improve our sites	Report was presented to an MEP	School was visited by an Assembly member	Group have subsequently made their own film and book.		
YCs	Homework passes at school More power	Lobbying for pass Presented at Conference	3 schools have passes Who knows what else?	The group run by peer-led steering group		
DC	Be able to come to play scheme every day	Not known because of communications resulting from staff turn over at the project				

#### Children Citizenship and Europe in France

Group	Goal	Action Taken	Impact ?	A Rolling Process?		
ME	More Play Change the President!	Report to management by me	Workers trained More play time Report used for funding	I'm struggling with this		
LA	Play more More time at home Be more polite	Report and video presented to staff team	More staff time being allocated to creative activities.	Already had children's meetings.		
Ref	Let us have a proper home	I reported their views to EU conference	France is still locking up refugee children	Children have some say about activities at centre.		



# Your Health – Your Rights

#### Aim

To develop information for children and young people receiving health services, about their rights under the UNCRC

#### Raise awareness

#### When

Children's rights awareness week

#### Who?

Children and young people

- on adolescent and child hospital wards
- on adult wards
- in the community

#### How?

- Creative methods to prioritise rights
- Reviewed and amended by others



#### **Children's Health Rights Week**



# Your Health – Your Rights

#### **Rights prioritised**

Not just the rights to life and good health – art 6, 24 and 23 But rights are for everyone **Rights to** 

- respect
- privacy and confidentiality
- education, play and leisure
- information, to speak out and asked for your consent
- have your family with you

#### **Outcome/Impact**

- Child friendly leaflet Consent and confidentiality Information on health conditions, access to files
- Having own space and a young peoples space
- Staff attitude, knowledge and confidence in CR
- Child friendly complaints process

QU: What builds a culture of meaningful participation and respect?

A Participation Wheel ... that needs to keep on turning.

The spokes of the wheel are elements children have told us are important and which we have observed in our work.



# Spokes of longer term conditions



- > Institutional Commitment
- > Pre-existing Empowerment
- > Evaluation and Planning
- > Resources
- Staff Quality and Quantity
- > Training and Support
- Independent Checks

#### **Institutional Commitment**



What participatory structures or strategies do you have in place?

- WAG UNCRC commitment
- Swansea Participation Strategy
- Project listening culture?
- What will you do with the ideas that children and young people give you ?
  - Get a firm commitment so you can give clear messages





- What experience do the children and young people have of their ideas and decisions being put into action?
  - Peer-led young carers took control on the first night
  - Work particularly with disempowered
- What level of control and influence is the organisation prepared to give? What are the limits?
  - Where to get control and influence
  - How to let go of our control and influence

#### **Evaluation and Planning**



- What opportunities will there be for you to use their ideas to influence your planning and development ?
  - Local Authority training manual and action plan
  - CCE review, plan and resource every session
- What opportunities will there be for children and young people to plan and evaluate the impact of their views?
  - Requires rolling process
  - GT to be involved in Welsh Assembly Strategy Consultation





What resources do you have that children and young people can use?

How much control can they have over deciding what to do with these?

#### Staff, Training and Support



- What staff (experienced young people) are available to support this project? What is their experience of participation?
  - Staff disempowerment is a barrier to children having a say (and vice versa)
  - Have to demonstrate ability to listen
- > What skills do they have, what roles can they take on?
  - Don't need to be facilitators, can respond to children's request for organisers, designers, speakers
- What training and support can you / young people offer to skill up the staff/ young supporters/ young people?

#### **Independent Checks**



- What independent checks exist to make sure that the children's ideas will result in putting change into action?
  - UN Committee
  - Children's Commissioners and Ombudsmen
  - Named Local Authority Lead Councillor and Lead Manager
  - Group and Individual Advocacy Services
  - Listening, Independence and Enforcement

Commitment

Evaluation

Feedback and Dialance

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**Spokes of Shorter Term Conditions** 

- > Time
- Space
- > Fun
- Inclusion and Access
- Feedback and Dialogue





- Go at children's chosen pace
- Gives experience, builds confidence and capacity
- > Whose time scale?
- One-off events only if other trusted adults support and continue relationships

And so we ask

- What is the timescale for the piece of work?
- Will you adjust it to meet the needs / pace of children and young people?





Some children and young people have difficult group experiences and emotional barriers to cocreate a space that is:

**Participative and Permissive** 

their choice to be there, their rules

**Physically ours** 

**Emotionally Safe** 

in every changing moment

### Fun



- > Fun as defined differently by children.
- > All participate more when we enjoy.

#### **Use fun consultation methods**

#### Participatory, Play, Art, Games

#### >Develop ideas, views and analysis

Value Continuum, Opinion Finders, Paper Carousel, Diamond Ranking

#### >Express feeling, overviews, criteria

Draw model worker, map, make puppets, photography, board games

#### >Give children and young people control

Peer (video) questioning on own themes

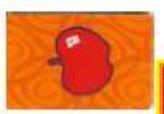












#### The Citizenship Mystery Game

The Scoolsy Doo team have to solve the Olizonship Nystery. What does this mysterious word mean? Collect one of each Scoolsy Seack to help solve the mystery. Everytime you land on a Scoolsy Seack pick up and answer a card. If you land on a Seack you already have, choose any other card. If you land on the magneti, more the last person forward 2 squares. You must stop at every circle and answer these challenge cards.

















Evaluation

feedback and

raining as

Planaia

Queen

#### **Access and Inclusion**

Participation needs to be facilitated for all children, not just those who are easily included and accessed. Who gets excluded? Practical difficulties Vulnerability Cultural and Geographical reasons.

'Relatively Easy to Identify but Harder to Reach'

'Easier to Identify but Harder to Engage'

#### **Access and Inclusion**

Institutional Checks Evaluation Feedback and Dialogue Training and Support Fun Space Fun Space Institutional Commitment Empowerment Paralag Resources Table Life Access Fun Space Institution Daily Life Access Fun

- > No one approach fits all.
- May not participate because of discrimination or disengaged
  - Challenge discrimination
    Create a culture of respect

#### How to reach out

Get support from specialist organisations Ask children and young people what they need Alter organisations processes to encourage inclusion Use fun, non formal, variety of communication methods

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Evaluation

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#### **Feedback and Dialogue**



#### Dialogue

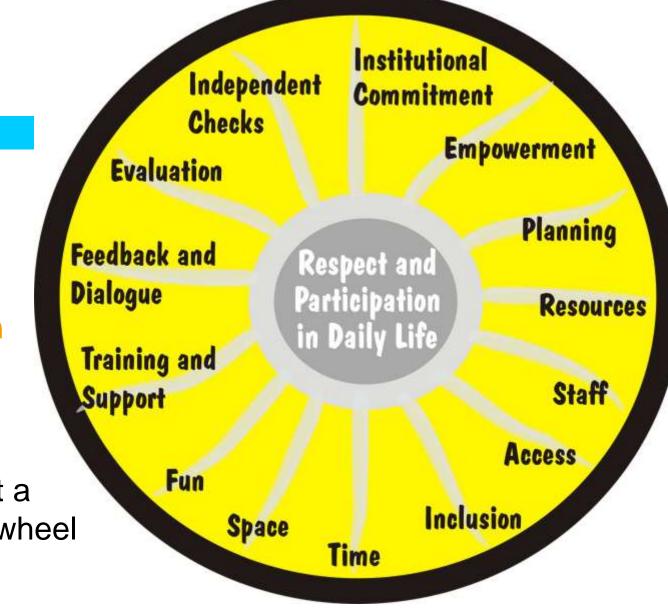
Look for mechanisms to apply pressure for change

# 4. Making the wheel roll

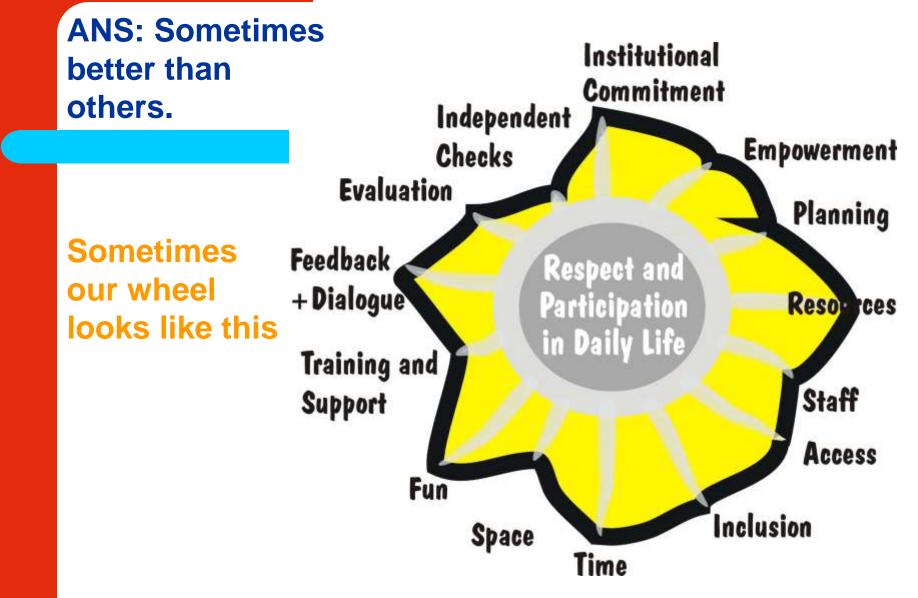
QU: With all this activity,

have we achieved a culture of respect and participation for children and young people?

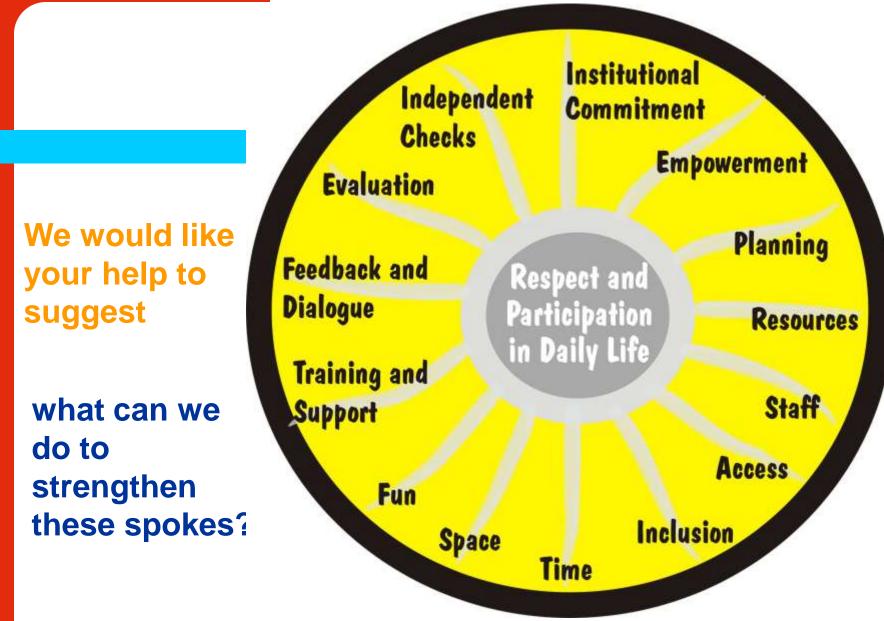
Have we built a participation wheel with strong spokes?



# 4. Making the wheel roll



# 4. Making the wheel roll





#### 5. Key Messages

**1.** Participation is meaningful when it has an impact

# 2. Participation can be maximised in our own practices if we ask ourselves HOW? at every stage

3. Participation can be maximised AND have more impact if it is a rolling process that develops a culture of respect and participation



#### **5. Useful References**

Reflect on your experiences Visit our website <u>www.ear2theground.net</u> Read Aspinwall, T. & Larkins, C. (2002) *Breathing Fire into Participation: Funky Dragon Guidelines on Participation with Groups of Children and Young People* Welsh Assembly Government, Cardiff.

#### See also

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Feinstein, C. & O'Kane, C. (2005) THE SPIDER TOOL: A self assessment and planning tool for child led initiatives and organisations, Save the Children, Nepal.
Kirby, P., Lanyon, C., Cronin, K., & Sinclair, R. (2003) Building a Culture of Participation: Involving children and young people in policy, service planning, delivery and evaluation, Department for Education and Skills, London.