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Stable isotope profile (C, N, O, S) of Irish raw milk: Baseline data for authentication.

Roisin O'Sullivan, Frank J. Monahan, Bojlul Bahar, Laura Kirwan, Karina Pierce, Audrey O'Shea, Shane McElroy, Fionnuala Malone, Brian Hanafin, Sean Molloy, Alexander C.O. Evans, Olaf Schmidt

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1	Stable isotope profile (C, N, O, S) of Irish raw milk: baseline data
2	for authentication.
3	
4	Roisin O'Sullivan ^{ab} , Frank J. Monahan ^{ab*} , Bojlul Bahar ^{ac} , Laura Kirwan ^a ,
5	Karina Pierce ^{ab} , Audrey O'Shea ^d , Shane McElroy ^d , Fionnuala Malone ^e , Brian
6	Hanafin ^e , Sean Molloy ^e , Alexander C.O. Evans ^a , Olaf Schmidt ^a
7	
8	^a School of Agriculture and Food Science, University College Dublin, Belfield,
9	Dublin 4, Ireland
10	^b UCD Institute of Food and Health, University College Dublin, Belfield,
11	Dublin 4, Ireland
12	^c International Institute of Nutritional Sciences and Food Safety Studies
13	School of Sport and Health Sciences, University of Central Lancashire, Preston,
14	Lancashire, PR1 2HE, United Kingdom
15	^d Glanbia Ireland Plc, Glanbia House, Ring Road, Kilkenny, Co. Kilkenny,
16	Ireland
17	^e Glanbia Ingredients Ireland, Ballyragget, Co. Kilkenny, Ireland
18	
19	*Corresponding author: frank.monahan@ucd.ie
20	

21 ABSTRACT

Grass-based milk production is a major contributor to Irish agricultural output. The 22 study characterized the Irish milk pool using stable isotope ratio analysis of carbon, nitrogen, 23 oxygen and sulphur. Authentic raw milk samples were collected from 50 farms on five 24 occasions over 13 months. Mean values of -27.11, 6.79, -3.27 and 6.16 ‰ were obtained for 25 δ^{13} C, δ^{15} N, δ^{18} O and δ^{34} S, respectively. δ^{13} C values reflected a high level of grass input and 26 values increased with increasing cereal concentrate feed input (P<0.001). δ^{18} O values were 27 most negative in spring. There was a significant interaction between feed and season for $\delta^{13}C$ 28 and δ^{15} N values (P<0.05), with the impact of concentrate feeding most evident in spring. δ^{34} S 29 values were lowest at the highest level of concentrate input (P<0.05). The isotopic values 30 reported here describe the Irish milk pool and may offer the potential to discriminate Irish 31 milk and dairy products from similar commodities from other countries. 32 33 HIGHLIGHTS 34 Stable isotope ratio analysis (C, N, O, S) was used to characterize Irish milk • 35 Isotopic values, particularly δ^{13} C, reflected a high level of grass feeding 36 ٠ Concentrate impact was clearest in spring, affecting δ^{13} C, δ^{15} N and δ^{34} S values • 37 Isotopic values, particularly δ^{18} O, were influenced by season • 38

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• Farm location (latitude and longitude) influenced δ^{18} O and δ^{34} S values

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42 Keywords: food authentication; origin; milk production system; Isotope Ratio Mass
43 Spectrometry; grass-fed dairy cattle

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45 **1. Introduction**

Consumers have become more discerning about the background origin of the foods 46 they consume as ethical concerns increasingly influence their food purchases (Sudbury-Riley 47 & Kohlbacher, 2016). They often prefer to buy locally, or purchase foods that are native to a 48 certain country, as they are more socially aware of the impact their choices have on the 49 50 economy and the environment (Conner, Campbell-Arvai, & Hamm, 2008). In the case of foods derived from ruminant animals, positive connotations of phrases such as "pasture-51 raised" and "grass-fed" are often attractive to consumers who associate them with freshness, 52 perceived health benefits, improved animal welfare and a more natural product overall 53 (Shortall, 2019). Several studies have been conducted which support such claims. For 54 example, it has been shown that when cows have access to pasture, aspects of animal welfare 55 are improved (Hernandez-Mendo, von Keyserlingk, Veira, & Weary, 2007; Olmos et al., 56 2009). It has also been shown that pasture-fed dairying can have a lower environmental 57 impact than a confinement system in terms of potential resource use and pollutants (Laca, 58 Gomez, & Diaz, 2020) and that milk produced by animals raised on pasture has higher levels 59 60 of desirable polyunsaturated fatty acids than milk produced from housed cows (Elgersma, 61 2015). Therefore, it is important for the industry to be able to guarantee that products claiming these advantages or origins are authentic. Presently, the quality, safety and 62 provenance of Irish milk is subject to several electronic and paper-based traceability systems 63 64 initiated at farm level and followed through processing to the finished product. With respect to provenance, the industry is increasingly interested in advanced independent scientific 65 methods to verify product authenticity and support unique product values. 66

Ireland, as a dairy production location, is growing in importance. The country's
position on the edge of the Atlantic Ocean provides consistent, plentiful precipitation and the
transatlantic Gulf Stream ensures moderate temperatures. This temperate climate permits

70 dairy cows to graze outdoors for up to 300 days a year (O'Donovan, Lewis, & O'Kiely, 2011). As a result, Ireland's dairy industry is centered on pasture-based milk production resulting in 71 high quality milk (O'Brien et al., 1999). However, animals cannot be pasture-fed all year 72 73 round and they receive non-grass feed inputs at various times of the year when grass growth is at a minimum (French, Driscoll, Horan, & Shalloo, 2015). Therefore, it is important to be 74 able to characterize milk from a variety of feeding regimes throughout the year to understand 75 how these factors influence the final milk composition and to enable differentiation based on 76 level of grass feeding. This information is required to validate the grass-fed industry 77 standards that are emerging to support grass-fed claims on dairy products (American Grass-78 fed Association, 2018; Bord Bia, 2020). 79

The application of stable isotope ratio analysis (SIRA) using isotopic ratio mass 80 spectrometry (IRMS) to verify the authenticity of honey (Dong, Xiao, Xian, & Wu, 2018), 81 wine (Wu et al., 2019), milk (Camin, Perini, Colombari, Bontempo, & Versini, 2008; Chung 82 et al., 2020; Chung et al., 2019) and other dairy products (Bontempo et al., 2019; Camin et 83 al., 2012) and of meat (Monahan et al., 2012; Monahan, Schmidt, & Moloney, 2018) is 84 documented. Several studies have examined different milk pools in terms of extent of 85 concentrate or grass-feeding across different production systems (Bontempo, Lombardi, 86 Paoletti, Ziller, & Camin, 2012; Camin et al., 2008). Although SIRA has been used 87 previously to identify specific regions within countries (Scampicchio et al., 2016) and to 88 differentiate spot samples from a few countries (Luo et al., 2016), no study has characterized 89 the isotopic profile from authentic samples representative of the entire milk pool of one 90 country. 91

The objectives of this study were, firstly, to characterize, isotopically, a large sample of milk representative of the national milk pool in Ireland by generating isotopic profiles of light elements (C, N, O and S) of authentic, seasonally and on-farm sampled Irish raw milk,

and, secondly, to analyse the effects of feeding regime (varying levels of cereal concentrateinput), seasonality and farm location (latitude, longitude) within that pool.

97

98 **2. Materials and Methods**

99 2.1. Selection of dairy farms

A total of 50 farms were sampled in the mid-to-south east region of Ireland (Fig. S1). 100 Farms were assigned to four different levels of cereal concentrate usage (feed intensity), 101 based on questionnaires completed by each farmer and verified by concentrate purchasing 102 103 records from Glanbia Plc (Kilkenny, Ireland). According to the classification used, cows were primarily grass-fed (receiving <500 kg concentrate per head annually) on 16 farms, 104 partially concentrate-fed (receiving 500-750 kg concentrate per head annually) on 8 farms, 105 moderately concentrate-fed (receiving 750-1000 kg concentrate per head annually) on 9 106 farms and highly concentrate-fed (receiving >1000 kg concentrate per head annually) on 17 107 farms. All farms supplied milk to Glanbia Plc and were chosen to be representative of the 108 overall Irish milk pool. The co-ordinates (latitude and longitude) were recorded for each farm 109 and authenticity was ensured by direct sampling from bulk tanks on the farms. 110

111 **2.2.** Sampling and sample processing

Milk samples (20-25 mL) were collected in May 2015, August 2015, November 2015, 112 February 2016 and May 2016 on individual farms from the bulk milk tank and transported 113 chilled to the Glanbia depot site together with the bulk milk. Samples were frozen (-20 °C) at 114 the Glanbia laboratory prior to dispatch on dry ice to University College Dublin. In 115 preparation for SIRA, samples (~20 mL) were thawed at room temperature (3 h) and 116 centrifuged at 3334 g for 10 min (Hettich Rotofix 32A, Andreas Hettich GmbH & Co. 117 Tuttlingen, Germany). The lower phase (skimmed milk) and the upper phase (milk fat) were 118 carefully separated and collected. A sample of the skimmed milk was taken and stored at -20 119

¹²⁰ °C for subsequent O stable isotope analysis. Casein was isolated from the lower phase (15 ¹²¹ mL sample) by acidification to pH 4.3 with 525 μ L of 2M HCl, followed by centrifugation ¹²² (3334 g for 5 min). The casein was then washed with 30 mL deionized water, vortexed and ¹²³ centrifuged (3334 g for 2 min). The water was discarded and the residue (casein) lyophilized ¹²⁴ for 24 h before being used for C, N and S stable isotope analysis (Camin et al., 2008). Casein ¹²⁵ is frequently used for SIRA of milk and dairy products because it is a milk constituent ¹²⁶ common to many products, allowing inter-product isotopic comparisons.

127

128 **2.3. Stable isotope ratio analysis**

For dual C and N analysis, freeze dried casein samples $(1.0 \pm 0.1 \text{ mg})$ were loaded 129 into ultra-clean tin capsules (6 x 4 mm) and placed into a 96-multiwell plate. The isotopic 130 ratios ${}^{13}C/{}^{12}C$ (expressed as $\delta^{13}C$) and ${}^{15}N/{}^{14}N$ ($\delta^{15}N$) in the milk casein samples were 131 analysed by Elemental Analysis – Isotope Ratio Mass Spectrometry (EA-IRMS). Samples 132 and references were loaded into an auto-sampler on a Europa Scientific elemental analyzer, 133 then dropped in sequence into a furnace held at 1000 °C and combusted in the presence of 134 oxygen. The tin capsules flash combusted, raising the temperature in the region of the sample 135 to ~1700 °C. The combusted gases were swept in a helium stream over a combustion catalyst 136 (Cr₂O₃), copper oxide wires (to oxidize hydrocarbons), and silver wool to remove sulphur 137 and halides. The resultant gases, N₂, NO_x, H₂O, O₂, and CO₂ were swept through a reduction 138 stage of pure copper wires held at 600 °C. This removed any oxygen and converted NO_x 139 species to N₂. A magnesium perchlorate chemical trap was used to remove water. 140

141 Nitrogen and carbon dioxide were separated using a packed column gas 142 chromatograph held at a constant temperature of 65 °C. The resultant nitrogen peak entered 143 the ion source of the Europa Scientific 20-20 IRMS first, where it was ionized and 144 accelerated. Nitrogen and carbon dioxide gas species of different masses were separated in a

magnetic field and simultaneously measured using a Faraday cup collector array (Ishida et al., 2018) to measure the isotopomers of N₂ at m/z 28, 29, 30 and CO₂ at m/z 44, 45, 46. Both references and samples were converted to N₂ and CO₂ and analysed using this method. The analysis proceeded in a batch process whereby a reference was analysed followed by a number of samples and then another reference.

The reference material used for δ^{13} C and δ^{15} N analysis was IA-R042 (NBS-1577B 150 bovine liver, $\delta^{13}C_{V-PDB} = -21.60 \text{ }$ %, $\delta^{15}N_{AIR} = 7.65 \text{ }$ %). Typical analytical precision (standard 151 deviation) of IA-R042 (bovine liver) run with the sample batches was 0.08 % (n = 8) for 152 $\delta^{13}C_{V-PDB}$ and 0.04 ‰ (n = 8) for $\delta^{15}N_{AIR}$. Furthermore, IA-R042 as well as IA-R038 (L-153 alanine, $\delta^{13}C_{V-PDB} = -24.99$ ‰, $\delta^{15}N_{AIR} = -0.65$ ‰) and a mixture of IA-R006 (cane sugar, 154 $\delta^{13}C_{V-PDB} = -11.64$ ‰) and IA-R046 (ammonium sulfate, $\delta^{15}N_{AIR} = 22.04$ ‰) were run as 155 quality control check samples during analysis. Typical analytical precision of IA-R038 (L-156 alanine) run with the sample batches was 0.05 ‰ (n = 4) for $\delta^{13}C_{V-PDB}$ and 0.06 ‰ (n = 4) 157 for $\delta^{15}N_{AIR}$ and for IA-R006/IA-R046 (mixture of cane sugar and ammonium sulfate) run 158 with the sample batches was 0.09 ‰ (n = 4) for $\delta^{13}C_{V-PDB}$ and 0.03 ‰ (n = 4) for $\delta^{15}N_{AIR}$ 159 IA-R042 and IA-R038 were calibrated against and traceable to IAEA-CH-6 (sucrose, $\delta^{13}C_{V}$. 160 PDB = -10.43 ‰) and IAEA-N-1 (ammonium sulfate, $\delta^{15}N_{AIR} = 0.40$ ‰). IA-R006 was 161 calibrated against and traceable to IAEA-CH-6. IA-R046 was calibrated against and traceable 162 to IAEA-N-1. IAEA-CH-6 and IAEA-N-1 are inter-laboratory comparison standards 163 164 distributed by the International Atomic Energy Agency (IAEA).

For O analysis, two samples (1.8 mL) of skimmed milk were loaded into cryo-vials which were stored at -20 °C, packed in dry ice and transported as frozen. Oxygen-18 analysis was carried out in duplicate using the equilibration technique. A sample aliquot was pipetted into an Exetainer tube, sealed and then filled with pure carbon dioxide. Tubes were left overnight for complete equilibration of the water with the carbon dioxide. Reference waters,

including quality control check samples, were prepared in the same manner. The samples and references were then analysed by continuous flow – isotope ratio mass spectrometry using a

172 Europa Scientific ANCA-GSL and Hydra 20-20 IRMS.

170

171

The samples were measured against three reference standards (IA-R054 with $\delta^{18}O_{V}$) 173 $_{SMOW}$ = +0.56 ‰, IA-R052 with $\delta^{18}O_{V-SMOW}$ = -19.64 ‰ and IA-R053 with $\delta^{18}O_{V-SMOW}$ = -174 10.18 ‰). Typical analytical precision of IA-R053 run with the sample batches was 0.05 ‰ 175 (n = 16) for $\delta^{18}O_{V-SMOW}$. All three standards are traceable to the primary reference standards 176 V-SMOW2 (Vienna-Standard Mean Ocean Water) and V-SLAP2 (Vienna-Standard Light 177 Antarctic Precipitation) distributed by the IAEA. The IA-R054 standard was used as the 178 reference to which the samples and other standards were measured. The IA-R052 standard 179 was used for calibration of δ^{18} O and the IA-R053 standard was used as a check of this 180 calibration. 181

For S analysis, freeze dried casein samples $(5.0 \pm 0.1 \text{ mg})$ were loaded into ultra-clean 182 (8 x 5 mm) capsules along with vanadium pentoxide (8.0 mg) and placed into a 96-multiwell 183 plate. Sulphur isotope analysis was also undertaken by EA-IRMS. Tin capsules containing 184 reference or sample material plus vanadium pentoxide catalyst were loaded into an automatic 185 sampler. From there they were dropped, in sequence, into a furnace held at 1080 °C and 186 combusted in the presence of oxygen. Tin capsules flash combusted, raising the temperature 187 in the region of the sample to ~ 1700 °C. The combusted gases were then swept in a helium 188 stream over combustion catalysts (tungstic oxide/zirconium oxide) and through a reduction 189 stage of high purity copper wires to produce SO₂, N₂, CO₂, and water. Water was removed 190 using a Nafion[™] membrane. Sulphur dioxide was resolved from N₂ and CO₂ on a packed GC 191 column at a temperature of 32 °C. The resultant SO₂ peak entered the ion source of the IRMS 192 where it was ionized and accelerated. Gas species of different masses were separated in a 193 magnetic field and measured on a Faraday cup universal collector array. Analysis was based 194

on monitoring of *m/z* 48, 49 and 50 of SO⁺ produced from SO₂ in the ion source (Giesemann,
Jager, Norman, Krouse, & Brand, 1994).

Both references and samples were converted to SO_2 and analysed using this method. 197 The analysis proceeded in a batch process by which a reference was analysed followed by a 198 number of samples and then another reference. The reference material used for sulphur 199 isotope analysis of pre-weighed casein samples was IA-R061 (barium sulfate, δ^{34} S_{V-CDT} = 200 +20.33 %). Furthermore, IA-R061, IA-R025 (barium sulfate, $\delta^{34}S_{V-CDT} = +8.53$ %) and IA-201 R026 (silver sulfide, $\delta^{34}S_{V-CDT} = +3.96$ ‰) were used for calibration and correction of the ¹⁸O 202 contribution to the SO⁺ ion beam. IA-R061, IA-R025 and IA-R026 are in-house standards 203 calibrated and traceable to NBS-127 (barium sulfate, $\delta^{34}S_{CDT} = +20.3$ %) and IAEA-S-1 204 (silver sulfide, δ^{34} S_{V-CDT} = -0.3 ‰). 205

For quality control purposes test samples of IA-R061, IAEA-SO-5 (barium sulfate, 206 $\delta^{34}S_{V-CDT} = +0.50$ ‰) and NBS-1577B (bovine liver, $\delta^{34}S_{V-CDT} = +7.50$ ‰) were measured as 207 quality control checks during batch analysis of samples. NBS-127, IAEA-SO-5 and IAEA-S-208 1 are inter-laboratory comparison standards distributed by the International Atomic Energy 209 Agency (IAEA) with internationally accepted δ^{34} S values. NBS-1577B is an inter-laboratory 210 comparison standard with a generally agreed δ^{34} S value. Typical analytical precision of NBS-211 1577B (bovine liver) run with the sample batches was 0.19 % (n = 8). All SIRA was 212 conducted at Iso-Analytical [Marshfield Bank, Crewe, United Kingdom]. 213

214 **2.4. Statistical analysis**

A multivariate repeated measures regression model was fitted to the isotope data (Table 1), including sampling time, feed intensity, feed intensity x sampling time and location (latitude and longitude) as fixed effects, and sampling time as a random effect (SAS v 9.4). Latitude and longitude were included as continuous variables and significant model slopes give predicted changes in isotopic values with increasing latitude and longitude. As there

were no significant interactions of location with other factors, the effects of latitude and longitude are consistent across sampling time and feed intensity. Principal component analysis (PCA) was carried out using the mean δ^{13} C, δ^{15} N, δ^{18} O and δ^{34} S values for each farm (n=50) in order to visualize possible patterns in the data related to the production system (R Core Team, 2020).

225

226 **3. Results**

227 **3.1 Isotopic profile of an authentic Irish milk pool**

Based on the analysis of samples collected over the thirteen month period between May 2015 and May 2016, the Irish milk pool sampled in this study had mean (\pm standard deviation) values of -27.11 (\pm 1.79), 6.79 (\pm 0.85), -3.27 (\pm 1.03) and 6.16 (\pm 1.32) ‰ for δ^{13} C, δ^{15} N, δ^{18} O and δ^{34} S, respectively.

232

233 3.2 δ^{13} C values

 δ^{13} C values ranged from -20.33 to -30.49 ‰ across all feeding regimes (Fig. 1) but 234 there was a significant effect of feed intensity (Table 1). δ^{13} C values decreased in the order: 235 highly concentrate-fed > moderately concentrate-fed > partially concentrate-fed > primarily 236 grass-fed at each sampling time. Thus, δ^{13} C values were less negative for milk samples 237 collected from highly concentrate-fed animals (range, -20.67 to -28.65 %; mean, -25.83 ‰) 238 (Fig. 1D) compared to those collected from primarily grass-fed animals (range, -25.11 to -239 30.49 ‰; mean, -28.09 ‰) (Fig.1A). The range in δ^{13} C values was -25.27 to -29.59 ‰ 240 (mean, -27.9 ‰) and -20.33 to -28.80 ‰ (mean, -27.05 ‰) for milk from animals that were 241 partially (Fig. 1B) and moderately (Fig. 1C) concentrate-fed, respectively. 242

243	There was a significant effect of sampling time on $\delta^{13}C$ values (Table 1). $\delta^{13}C$ values
244	were least negative across all feed intensities in February 2016, i.e. in winter (range, -20.33 to
245	-28.74 ‰; mean, -25.78 ‰), whereas the most negative δ^{13} C values ranged from -22.59 to -
246	30.49‰ (mean, -27.84 ‰) and -24.67 to -29.14 ‰ (mean, -27.79 ‰) in May 2015 and May
247	2016, respectively (Fig. S2A). The range of δ^{13} C values was narrowest for milk samples
248	collected from primarily grass-fed cows (range, -27.37 to -28.71 ‰) (Fig. 1A) across all
249	collection dates and widest for samples collected from highly concentrate-fed cows (range, -
250	23.84 to -26.91 ‰) (Fig. 1D).

There was a significant feed intensity x sampling time interaction whereby differences due to feed intensity were greater in November 2015 and February 2016 than at other sampling times (Fig. S2A).

254

255 **3.3** δ^{15} N values

 δ^{15} N values ranged from 4.7 to 8.93 ‰ across all feeding regimes (Fig. 2). δ^{15} N 256 values were more positive for samples collected from primarily grass-fed cows (range, 4.88 257 to 8.7 ‰; mean, 7.13 ‰) (Fig. 2A) compared to those collected from highly concentrate-fed 258 cows (range, 4.75 to 8.54 ‰; mean 6.64 ‰) (Fig. 2D) and samples from partially (range, 259 5.51 to 8.93 ‰; mean, 6.9 ‰) (Fig. 2B) and moderately (range, 4.7 to 8.28 ‰; mean, 6.4 ‰) 260 (Fig. 2C) concentrate-fed cows. 261 Across all feed intensities, δ^{15} N values were lowest in samples collected in May 2016 262 (range, 4.7 to 8.03 ‰; mean, 6.6 ‰) (Fig. 2). Also, δ^{15} N values were more variable across all 263 feed intensities in February 2016 (range, 4.75 to 8.7 ‰; mean, 6.8 ‰) compared to values in 264 August 2015 (range, 5 to 8.37 ‰; mean, 6.87 ‰) and November 2015 (range, 5.02 to 8.51 265 ‰; mean, 6.83 ‰) (Fig. 2). 266

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267	There was a significant feed intensity x sampling time interaction for $\delta^{15}N$ values
268	(Table 1). Thus, there was a clear separation in $\delta^{15}N$ values between the more highly
269	concentrate-fed groups and the other feed intensities in February 2016 (winter) but not at the
270	other sampling times. (Fig. S2B).
271	
272	3.4 δ^{18} O values
273	δ^{18} O values across all feeding regimes ranged from -0.85 to -5.34 ‰ (Fig. 3). There
274	was a significant effect of sampling time on δ^{18} O values whereby values were most negative
275	across all feed intensities in February 2016, i.e. in winter (range, -5.34 to -3.22 ‰; mean, -
276	4.40 ‰) and least negative in May 2016 (range, -3.09 to -0.85 ‰; mean, -1.91‰) followed
277	by May 2015 (range, -4.98 to -1.9‰; mean, -3.25 ‰) (Fig. S2C).
278	
279	3.5 δ^{34} S values
280	δ^{34} S values ranged from 3.12 to 9.58 ‰ across all feeding regimes (Fig. 4). There was
281	a significant effect of feed intensity on δ^{34} S values (Table 1) with milk samples from animals
282	with the highest level of concentrate input having the lowest δ^{34} S values (range 3.12 to 7.62
283	‰; mean, 5.47 ‰) (Fig. 4D) compared to the moderately (range 3.43 to 8.94 ‰; mean, 6.53
284	‰) (Fig. 4C), partially (range, 3.7 to 8.23 ‰; mean, 6.28 ‰) (Fig. 4B) concentrate-fed
285	groups and the primarily grass-fed group (range, 3.86 to 9.58 ‰; mean, 6.62 ‰) (Fig. 4A).
286	There was a significant effect of sampling time on $\delta^{34}S$ values with lowest values
287	recorded in August 2015, i.e. in late summer (range, 3.12 to 8.09 ‰; mean, 5.82‰)
288	compared to the other sampling times (Fig. S2D).
289	
200	2.6 Dringing Component Analysis

3.6 Principal Component Analysis

Principal component analysis (PCA) based on the mean δ^{13} C, δ^{15} N, δ^{18} O and δ^{34} S values for each farm (n=50) is shown in Fig. 5. Primarily grass-fed (<500 kg concentrate per head annually) and highly concentrate-fed samples (>1000 kg concentrate per head annually) were clearly separated mainly by PC1 which explained 60.2% of the data variation.

295

3.7 Influence of farm location (latitude and longitude)

Latitude and longitude had statistically detectable effects on the δ^{34} S and δ^{18} O values of the milk samples (P<0.05) (Table 1). When calculated using the data collected over the full year, there was a decrease in δ^{18} O values (± standard error) of 0.55 ± 0.07 ‰ per degree increase in latitude and an increase in δ^{18} O values of 0.17 ± 0.07 ‰ per degree increase in longitude. There was a decrease in δ^{34} S values of 0.82 ± 0.24 ‰ per degree increase in latitude and a decrease in δ^{34} S values of 0.49 ± 0.23 ‰ per degree increase in longitude.

303

304 **4. Discussion**

305 **4.1** δ^{13} C values

The mean δ^{13} C values for Irish milk from the four feed intensity ranges were more 306 negative than those reported in studies undertaken in some other countries (Table 2), most 307 likely reflecting the highly grass-based nature of Irish milk production. The values were in 308 agreement with those temperate regions of the world where grass-based (C3 grasses) milk 309 production is possible for some, or all, of the year (e.g. New Zealand). The less negative 310 mean δ^{13} C values for countries such as the USA, China, Malaysia, Germany and France may 311 be attributed to the unavailability of fresh pasture, or a lack of pasture at certain times of the 312 year, which would result in the requirement for high levels of cereal concentrate input to 313 support milk production. 314

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differences being attributed to the more negative δ^{13} C values of pasture compared to the cereal concentrates consumed by the animals. In the current study, the less negative values for casein in the highly and moderately concentrate-fed groups compared to the other groups may also reflect some level of maize input, particularly in winter. The clear separation between the primarily grass-fed and highly concentrate fed is mainly due to difference in δ^{13} C values (see Table 2 and Figure 5).

Of importance for comparisons with international samples is the fact that animals 324 consuming C3 plant materials, e.g. temperate grasses, grass silage or barley, which have low 325 δ^{13} C values (between -35 and -21 ‰), have lower tissue δ^{13} C values than those consuming 326 C4 plants, e.g. maize (δ^{13} C between -14 and -10 ‰) (Bahar et al., 2005; Heaton, Kelly, 327 Hoogewerff, & Woolfe, 2008; Schmidt et al., 2005). One special case is organic milk 328 production which may be highly grass-based across different countries, leading to similarity 329 in δ^{13} C values in milk from temperate regions particularly. However, the analysis of multiple 330 elements, some of which are influenced by geographic factors (notably δ^{18} O and δ^{34} S) is 331 likely to permit discrimination of Irish samples among international organic grass-fed milk 332 (Chung et al., 2018). 333

The findings relating to seasonal differences in δ^{13} C values are also in agreement with (Kornexl, Werner, Rossmann, & Schmidt, 1997) who reported more positive δ^{13} C values in Bavarian milk casein samples taken during winter months. Similarly, in Irish beef, (Bahar et al., 2008) found in a seasonal survey that δ^{13} C values became more positive between December and early summer, most likely reflecting a higher level on concentrate feeding,

possibly including maize, over the winter/spring period when the grass supply is limited(French et al., 2015).

341 **4.2** δ^{15} N values

Mean δ^{15} N values were more positive compared to values reported in other countries 342 (e.g. Germany, Italy, the US, Brazil, and China) (Table 2). This may be related to high 343 synthetic nitrogen fertilizer application in Ireland and high levels of precipitation on fresh 344 pasture leading to higher δ^{15} N values (Cook, 2001). The data agrees with previous studies in 345 which meat from countries in north-western Europe, such as Ireland and the UK, had 346 relatively more positive δ^{15} N values than other countries (Camin et al., 2007; Osorio et al., 347 2011). The more pronounced differences in mean δ^{15} N values between feeding intensities in 348 springtime (February 2016) probably reflects a higher level on cereal concentrate input across 349 all feeding regimes at this time of the year when grass is limiting. 350

351 **4.3** δ^{18} **O values**

 δ^{18} O values of Irish skimmed milk reported here were considerably more positive 352 when compared to other countries (Australia, New Zealand, France, Germany, the US and 353 China) analysed in previous studies (Table 2). Precipitation δ^{18} O values are known to 354 decrease with increasing latitude, elevation and continentality (Bowen, 2010). In accordance 355 with this, Ireland, as a small island country would be expected to have more positive $\delta^{18}O$ 356 values than land-locked countries and, in our current study, δ^{18} O values for skimmed milk 357 increased with increasing longitude. The findings in our study also agree with (Bowen & 358 Revenaugh, 2003) where a decrease in δ^{18} O values was experienced as latitude (distance 359 from the equator) increased. Although latitude and longitude had a significant influence on 360 δ^{18} O values of skimmed milk, (van der Veer, Voerkelius, Lorentz, Heiss, & Hoogewerff, 361 2009) suggested that surface temperature, which will vary with time of sampling, is a better 362 explanatory factor for global δ^{18} O isotopic variation. The δ^{18} O values we report are in 363

agreement with results collected by (Kornexl et al., 1997) where milk water was observed to be enriched in δ^{18} O during the summer. In terms of seasonal effects, the low δ^{18} O values of skimmed milk in February and to a lesser extent, November, most likely reflects the seasonal effect of temperature on rainfall with higher δ^{18} O values in the summer months when surface temperature is warmest compared to winter when surface temperature is coldest (van der Veer et al., 2009).

 δ^{18} O values of milk samples differ from precipitation values since fractionation and 370 enrichment occurs during milk production (Abeni et al., 2015). Oxygen in an animal's diet 371 has many inputs (e.g. atmospheric oxygen, drinking water, plant water) and outputs (e.g. CO₂ 372 production, sweat water, urine water), all of which have an overall influence on the δ^{18} O 373 values of milk produced (Chen, Schnyder, & Auerswald, 2017). Therefore, geographical and 374 fractionation factors must be considered and, in this context, the δ^{18} O values for Irish 375 skimmed milk reported probably reflect some enrichment relative to water ingested by the 376 animals; in an earlier study we reported values of -5.0 to -6.7 ‰ for Irish water (Harrison et 377 al., 2011). 378

379 **4.4** δ^{34} S values

Few other studies have examined the δ^{34} S values of milk casein (Table 2), however, 380 the δ^{34} S values of Irish milk case in this study were lower than those of samples collected 381 from coastal regions of Australia and New Zealand (Crittenden et al., 2007). Coastal regions 382 are known to have more positive δ^{34} S values as ocean water and sea spray will enrich soil 383 with sulphur which in turn increases the δ^{34} S values of locally grown feedstuffs and, 384 ultimately, animal derived foods (Rossmann, 2001). Therefore, Ireland, as an island country 385 would be expected to have higher δ^{34} S values than land-locked countries. Although no study 386 of milk samples comparing coastal and land-locked countries is available, defatted lamb 387 protein samples taken from coastal and land-locked countries were examined by (Camin et 388

al., 2007) with Irish samples having an average δ^{34} S value of 9.2 ‰, which was among the highest values reported. This value is in agreement with the high δ^{34} S values observed in the current study.

The values reported here are also similar to those reported for sheep's wool in parts of the midlands and east of Ireland; furthermore, our finding of decreasing δ^{34} S values with increasing latitude is in agreement with the data on sheep's wool, reflecting the influence of sea spray and prevailing winds from the south and west (Zazzo, Monahan, Moloney, Green, & Schmidt, 2011). This study provides evidence of a promising δ^{34} S isotopic signature for Irish milk samples and future work should compare these values with other international signatures.

399

400 5. CONCLUSIONS

The highly grass-fed nature of the Irish milk pool compared to milk from some other 401 countries is evident, particularly from analysis of C and N stable isotope ratios. The study 402 shows that the level of concentrate feeding is most clearly reflected in milk in the winter 403 when animals are temporarily housed indoors. Ireland's island geography and the prevailing 404 climatic factors, combined with the highly grass-fed nature of its milk production, may have 405 406 the potential to generate a signature for the Irish milk pool. This may offer an opportunity to scientifically validate the provenance, origin and claims, such as grass-fed, of milk and dairy 407 products. 408

409

410 DECLARATION OF COMPETING INTEREST

411 The authors declare that they have no known competing financial interests or personal412 relationships that could have appeared to influence the work reported in this paper.

413

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- 417

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602 TABLES CAPTIONS

Table 1 Summary outputs of multivariate repeated measures regression models for the C, N,

604 O and S stable isotope composition of raw milk from Irish dairy farms. Values in bold are

605 significant.

Table 2 Stable isotope composition (‰, mean or range) of milk or its constituents from

607 different countries.

608

609 FIGURE CAPTIONS

Fig. 1 Carbon isotope ratios (δ^{13} C, ∞) in raw milk from 50 Irish farms with levels of cereal

611 concentrate input ranging from <500 kg/head/year to >1000 kg/head/year: (A), <500

612 kg/head/year; (B) 500-750 kg/head/year; (C) 750-1000 kg/head/year; (D) >1000

613 kg/head/year. Milk sampling took place at intervals of 3 months between May 2015 and May

614 2016 inclusive, with 5 sampling points in total: May 2015, August 2015, November 2015,

615 February 2016 and May 2016.

616

Fig. 2 Nitrogen isotope ratios (δ^{15} N, ‰) in raw milk from 50 Irish farms with levels of cereal

618 concentrate input ranging from <500 kg/head/year to >1000 kg/head/year: (A), <500

619 kg/head/year; (B) 500-750 kg/head/year; (C) 750-1000 kg/head/year; (D) >1000

620 kg/head/year. Milk sampling took place at intervals of 3 months between May 2015 and May

621 2016 inclusive, with 5 sampling points in total: May 2015, August 2015, November 2015,

622 February 2016 and May 2016.

623

Fig. 3 Oxygen isotope ratios (δ^{18} O, ∞) in raw milk from 50 Irish farms with levels of cereal

625 concentrate input ranging from <500 kg/head/year to >1000 kg/head/year: (A), <500

626 kg/head/year; (B) 500-750 kg/head/year; (C) 750-1000 kg/head/year; (D) >1000

627 kg/head/year. Milk sampling took place at intervals of 3 months between May 2015 and May

628 2016 inclusive, with 5 sampling points in total: May 2015, August 2015, November 2015,

629 February 2016 and May 2016.

630

- **Fig. 4** Sulphur isotope ratios (δ^{34} S, ‰) in raw milk from 50 Irish farms with levels of cereal
- 632 concentrate input ranging from <500 kg/head/year to >1000 kg/head/year: (A), <500
- 633 kg/head/year; (B) 500-750 kg/head/year; (C) 750-1000 kg/head/year; (D) >1000
- 634 kg/head/year. Milk sampling took place at intervals of 3 months between May 2015 and May
- 635 2016 inclusive, with 5 sampling points in total: May 2015, August 2015, November 2015,
- 636 February 2016 and May 2016.

- **Fig. 5** Plot of the first and second principal component using the mean values of all four
- 639 stable isotope ratios collected over 13 months.

Table 2

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Country	Sample	δ ¹³ C (‰)	δ ¹⁵ N (‰)	δ ¹⁸ Ο (‰)	δ ³⁴ S (‰)	Time of sampling	Feed type	Reference
Ireland	Casein	-20.33 to - 30.49	4.7 to 8.93	-	3.12 to 9.58	Over full year	Varying levels of concentrate input	Current study
	Milk Water	-	-	-0.85 to - 5.34	-	Over full year	Varying levels of concentrate input	Current study
Italy	Casein	-24 to -17.2	3 to 5.9	-	Ó	-	Alfalfa and maize silages	Scampicchio et al. (2012)
	Casein	-20.6 to - 17.5	4.5 to 5.8	10.5 to 15.9		Spring	Varying levels of maize	Camin, Perini, Colombari, Bontempo, &
Germany	Whole milk	-26.3 to -22	3.7 to 4.1	Rice	-	Sept - May	44-100% C4 plants	Versini (2008) Knobbe et al. (2006)
	Casein	-26.5 to - 29.4	3.5 to 5	-	-	-	Grass, grain, corn	Kornexl, Werner, Rossmann, & Schmidt (1997)
Germany and France	Milk Protein	-21.85 ± 0.56	5.2 ± 0.16	-	-	-	Assumed C-4 pastures	Luo et al. (2016)
	Milk Protein	-	-	-10.46 ± 0.38	-	-	Assumed C-4 pastures	
Vilnius Region, Lithuania	Bulk Milk Powder	-31.2 to - 27.6	2.9 to 6	-	-	2014 to 2016	Grass and hay	Garbaras, Skipityte, Sapolaite, Ezerinskis, & Remeikis (2019)

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	Milk Water	-	-	-9.8 to - 2.2	-	2014 to 2016	Grass and hay	
Belarus	Whole milk	-30.2 to -20	3.63 to 5.66	-	-	Summer and 2 Winter samples	Varying levels of C-4 plants	Garbaras et al. (2018)
	Milk water	-	-	-8.67 to - 3.87		Summer and 2 Winter samples	Varying levels of C-4 plants	
Slovenia	Casein	-28.2 to - 17.8	2.5 to 9.6	9 to 14.6	0.5 to 7.7	Summer and Winter 2012 - 2014	-	Potocnik et al. (2020)
	Raw milk	-	-	-8 to 0.3	-	Summer and Winter 2012 - 2014	-	
China	Milk Protein	-15.99 ± 0.50	4.55 ± 0.11	-	-	-	Assumed C-4 pastures	Luo et al. (2016)
	Milk Water	-	001	-13.06 ± 0.60	-	-	Assumed C-4 pastures	
Australia and New Zealand	Casein	-25.94 to - 10.22	5.2 to 7.26	-	7.7 to 14.83	Mid-late Autumn	Varying levels (18-92%) of C ₄ grasses	Crittenden et al. (2007)
	Milk Protein	-28.46 ± 0.70	5.8 ± 0.16	-	-	-	Assumed C-4 pastures	Luo et al. (2016)
	Milk Water	-	-	-11.1 ± 0.36	-	-	Assumed C-4 pastures	
New Zealand	Bulk Milk Powder	-30.14 ± 0.58	5.93 ± 0.53	-	-	Representing Spring milk	Predominantly pasture	Ehtesham et al. (2013)

Malaysia	Whole milk	-19.81 to - 9.09	2.17 to 6.61	-	-	-	Assumed C-4 pastures	Behkami, Gholami, Gholami, & Roohparvar (2020)
United States of America	Milk Protein	-21.16 ± 0.11	4.65 ± 0.07	-	<u> </u>	-	Assumed C-4 pastures	Luo et al. (2016)
	Milk water	-	-	-22.4 ± 2.3	- CO	-	Assumed C-4 pastures	
	Whole Milk	-19.19 ± 1.1	5.09 ± 0.41	Pre'	<u> </u>	-	-	Bostic, Hagopian, & Jahren (2018)
	Milk Water	-	OUTAR	-13 to -3.6	-	-	-	Chesson, Valenzuela, O'Grady, Cerling, & Ehleringer (2010)
Brazil	Whole milk	-15.9	5.4	-	-	2015-2019	-	Martinelli et al. (2020)
	Milk Powder	-16.5	5.7	-	-	2015-2019	-	

Table 1 Summary outputs of multivariate repeated measures regression models for the C, N,

O and S stable isotope composition of raw milk. Values in bold are significant.

Carbon				
Effect	Num DF	Den DF	F Value	Pr > F
Feed intensity	3	44	19.56	<.0001
Sampling Time	4	183	19.88	<.0001
(Feed intensity)x(Sampling Time)	12	183	2.94	0.0009
Latitude	1	44	0.01	0.9237
Longitude	1	44	0.01	0.9256

Type III Tests of Fixed Effects for

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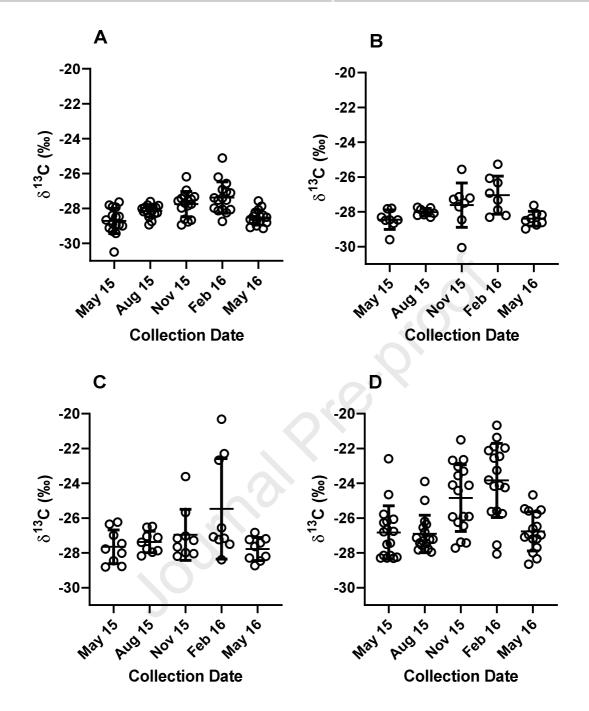
Nitrogen				
Effect	Num DF	Den DF	F Value	Pr > F
Feed intensity	3	44	3.5	0.0231
Sampling Time	4	44	2.75	0.0399
(Feed intensity)x(Sampling Time)	12	44	3.07	0.0033
Latitude	1	44	0.03	0.8624
Longitude	1	44	0.06	0.8149

Type III Tests of Fixed Effects for

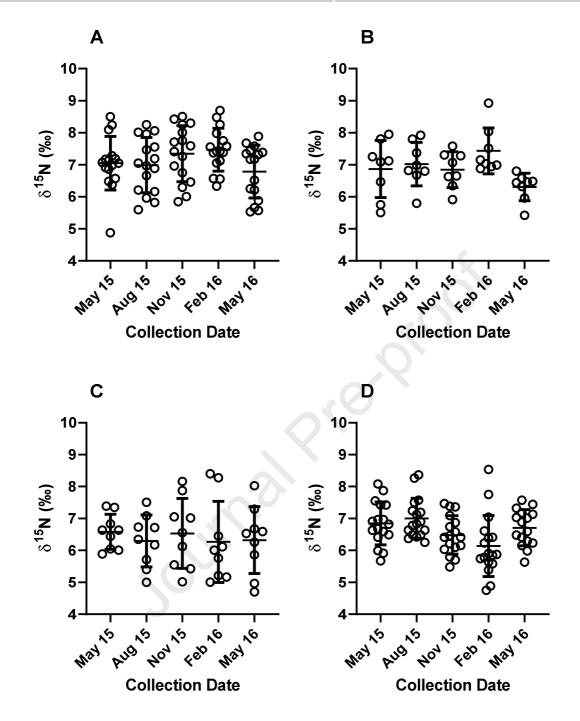
Oxygen				
Effect	Num DF	Den DF	F Value	Pr > F
Feed intensity	3	44	2.32	0.088
Sampling Time 🤍	4	44	249.92	<.0001
(Feed intensity)x(Sampling Time)	12	44	1.69	0.1011
Latitude	1	44	54.16	<.0001
Longitude	1	44	5.56	0.0229

Type III Tests of Fixed Effects for

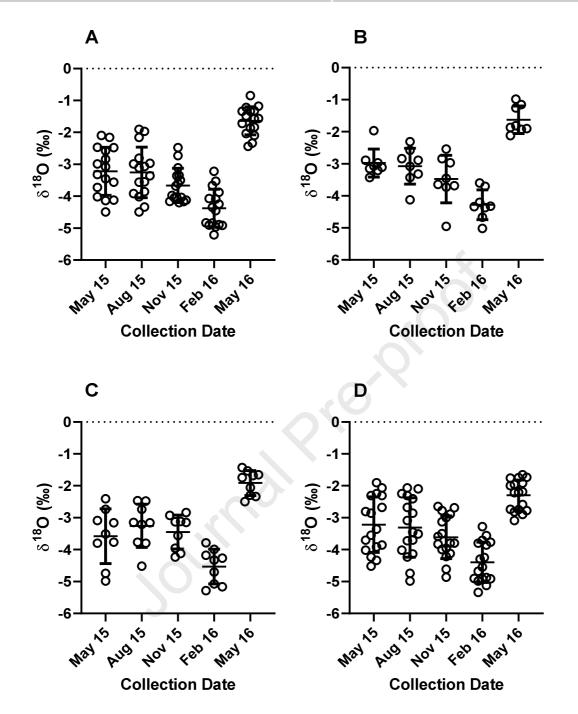
Sulphur				
Effect	Num DF	Den DF	F Value	Pr > F
Feed intensity	3	44	4.2	0.0107
Sampling Time	4	44	7.45	0.0001
(Feed intensity)x(Sampling Time)	12	44	0.92	0.5344
Latitude	1	44	11.58	0.0014
Longitude	1	44	4.44	0.0407



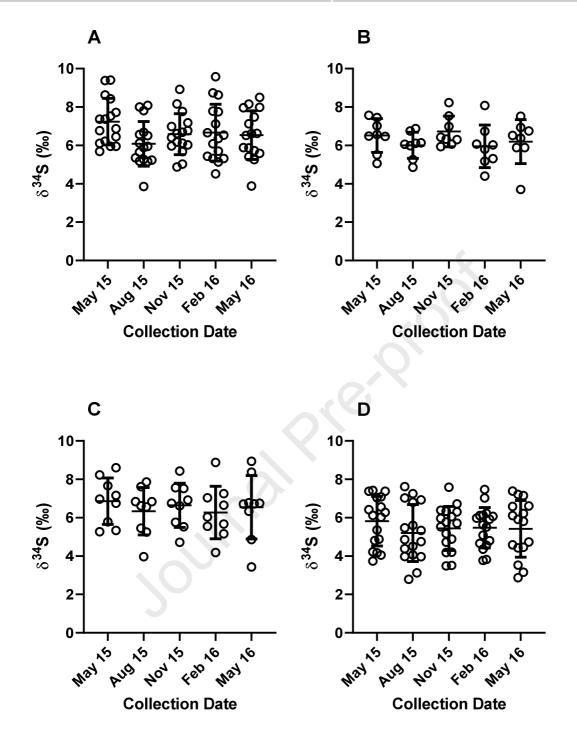




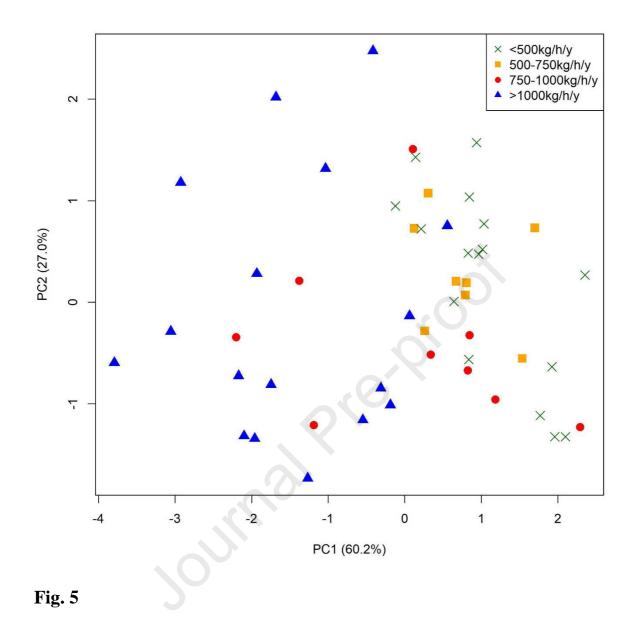












HIGHLIGHTS

- Stable isotope ratio analysis (C, N, O, S) was used to characterize Irish milk •
- Isotopic values, particularly δ^{13} C, reflected a high level of grass input •
- Concentrate impact was clearest in spring, affecting $\delta^{13}C$, $\delta^{15}N$ and $\delta^{34}S$ values •
- Isotopic values, particularly δ^{18} O, were influenced by season •
- Farm location (latitude and longitude) influenced $\delta^{18}O$ and $\delta^{34}S$ values •

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DECLARATION OF COMPETING INTEREST

The authors declare that they have no known competing financial interests or personal

relationships that could have appeared to influence the work reported in this paper.

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