

## **Central Lancashire Online Knowledge (CLoK)**

Title	Mental Health in Equestrian Sport
Type	Article
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Creators	Butler-Coyne, Hannah, Shanmuganathan-Felton, Vaithehy and Taylor, Jamie Alan

It is advisable to refer to the publisher's version if you intend to cite from the work. https://doi.org/10.1123/jcsp.2018-0002

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Table 1. Participant Demographics\*

Characteristic		Number of respondents
Age Bracket (years)	16 – 18	3% [4]
	19 – 24	15% [23]
	25 – 34	14% [24]
	35 – 44	25% [42]
	45 – 54	18% [30]
	55 – 64	19% [32]
	65 - 74	6% [8]
<b>Country of Residence</b>	UK	81% [134]
	USA	6% [9]
	Canada	3% [5]
	Ireland	1% [2]
	Other	8% [13]

## Range of Discipline & Highest Level of Participant Expertise

Amateur	Trail Riding
Intermediate	Trec
	Endurance
	Horse Ball
	Side saddle
Advance/Professional	Dressage
	Showjumping
	Cross Country Eventing
	Racing
	Polo

Stunt Riding
Driving
Western Riding
Hacking
Hunting
Reining
Showing

<sup>\*</sup>Inclusive of e-survey and semi-structured interview participants; [] = raw data figure